

## Aim:

Alaska Psychology Internship Consortium (AK-PIC)'s aim is to prepare and retain psychologists to provide culturally competent collaborative health care for Alaska's unique and diverse people.

The Alaska Psychology Internship Consortium (AK-PIC) is a collaborative initiative among three Alaska agencies aimed at providing a diverse educational experience for doctoral psychology interns. Designed to equip interns with the skills to address the unique challenges of practicing in rural and remote areas, AK-PIC focuses on fostering clinical competency in working with Alaska's diverse cultural communities.

## **Accreditation Status**

Alaska Psychology Internship Consortium (AK-PIC) is accredited by the APA. AK-PIC received re-accreditation in June 2019 and is effective for 10 years. Questions about AK-PIC's training may be directed the Training Director, Dr. Rebecca Volino Robinson: Rebecca.Robinson2@providence.org. Questions specifically related to the program's accredited status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation

American Psychological Association 750 1st Street, NE, Washington, DC 20002

Phone: (202) 336-5979 Email: apaaccred@apa.org

## **APPIC Membership Status**

AK-PIC is a participating member of APPIC and participates in the APPIC match.

## **Internship Admissions, Support, & Initial Placement Data**

See Appendix.

## **Program Structure**

The Consortium offers one-year, full-time internship placements that begin and end around July of each year. The Consortium is comprised of organizations in Alaska and will provide a range of clinical and didactic experiences that represent the necessary depth and breadth required for future professional practice with Alaska's diverse communities. Interns will have a primary placement at one site and will participate in cross-site training weekly. Across training sites, interns will complete a minimum of 500 hours per internship year of face-to-face direct service delivery.

## **AK-PIC Competencies and Training Elements**

AK-PIC offers one-year, full time internship positions in Alaska. Interns are expected to respond professionally in increasingly complex situations with a greater degree of independence across levels of training. It is expected that by the conclusion of the internship year, interns will have accomplished the following competencies and learning elements:

#### <u>I. Profession-wide Competency</u>: **Research**

Training elements associated with this competency include:

- Demonstrate the substantially independent ability to critically evaluate and disseminate research or other scholarly activities (e.g., case conference, presentation, publications) at the local (including the host institution), regional, or national level.
- Demonstrate knowledge of and respect for scientific bases of behavior.

#### Profession-wide Competency: Ethical and Legal Standards

<u>Training elements</u> associated with this competency include:

- Be knowledgeable of, demonstrate and act in accordance with each of the following:
  - o The current version of the APA Ethical Principles of Psychologists and Code of Conduct;
  - Relevant laws, regulations, rules, and policies governing health service psychology at the organizational, local, state, regional, and federal levels; and
  - o Relevant professional standards and guidelines.
- Recognize ethical dilemmas as they arise and apply ethical decision-making processes in order to resolve the dilemmas.
- Conduct self in an ethical manner in all professional activities.
- Consult actively with supervisor to act upon ethical and legal aspects of practice.

#### Profession-wide Competency: Individual and Cultural Diversity

<u>Training elements</u> associated with this competency include:

- Demonstrate an understanding of how their own personal/cultural history, attitudes, and biases may affect how they understand and interact with people different from themselves
- Demonstrate knowledge of the current theoretical and empirical knowledge base as it relates to addressing diversity in all professional activities including research, training, supervision/consultation, and service.
- Demonstrate the ability to integrate awareness and knowledge of individual and cultural differences in the conduct of professional roles (e.g., research, services, and other professional activities). This includes the ability to apply a framework for working effectively with areas of individual and cultural diversity not previously encountered over the course of their careers. Also included is the ability to work effectively with individuals whose group membership, demographic characteristics, or worldviews create conflict with their own.
- Demonstrate the ability to independently apply their knowledge and approach in working effectively with the range of diverse individuals and groups encountered during internship.
- Initiate supervision regularly about diversity issues and integrate feedback into practice.

#### <u>M. Profession-wide Competency</u>: **Professional Values, Attitudes, and Behaviors**

<u>Training elements</u> associated with this competency include:

- Behave in ways that reflect the values and attitudes of psychology, including cultural humility, integrity, deportment, professional identity, accountability, lifelong learning, and concern for the welfare of others.
- Engage in self-reflection regarding one's personal and professional functioning; engage in activities to maintain and improve performance, well-being, and professional effectiveness.
- Actively seek and demonstrate openness and responsiveness to feedback and supervision.
- Respond professionally in increasingly complex situations with a greater degree of independence as they progress across levels of training.
- Accept responsibility for meeting deadlines, completing required documentation promptly and accurately.

## $\underline{\text{\it V.}} \ \underline{\text{\it Profession-wide Competency}} : \ \textbf{\it Communication and Interpersonal Skills}$

Training elements associated with this competency include:

- Develop and maintain effective relationships with a wide range of individuals, including colleagues, communities, organizations, supervisors, supervisors, supervisors, supervisees, and those receiving professional services.
- Demonstrate a thorough grasp of professional language and concepts; produce, comprehend, and engage in communications that are informative and well-integrated.
- Demonstrate effective interpersonal skills and the ability to manage difficult communication well.
- Demonstrate knowledge of and comfort with the technological systems necessary to provide distance delivery.
- Engage in social media activities in a manner that maintains professionalism and respect.

#### <u>VI. Profession-wide Competency</u>: **Assessment**

<u>Training elements associated with this competency include demonstration of the following:</u>

- Demonstrate current knowledge of diagnostic classification systems, functional and dysfunctional behaviors, including consideration of client strengths and psychopathology.
- Demonstrate understanding of human behavior within its context (e.g., family, social, societal and cultural).

- Demonstrate the ability to apply the knowledge of functional and dysfunctional behaviors including context to the assessment and/or diagnostic process.
- Select and apply assessment methods that draw from the empirical literature and that reflect the science of measurement and psychometrics; collect relevant data using multiple sources and methods appropriate to the identified goals and questions of the assessment as well as relevant diversity characteristics of the service recipient.
- Interpret assessment results, following current research and professional standards and guidelines, to inform case conceptualization, classification, and recommendations, while guarding against decision-making biases, distinguishing the aspects of assessment that are subjective from those that are objective.
- Communicate findings and implications of the assessment in an accurate and effective manner sensitive to a range of audiences.
- Articulate relevant developmental features, clinical symptoms, and cultural factors as applied to presenting questions and findings (e.g., intergenerational trauma).

#### VII. Profession-wide Competency: Intervention

#### <u>Training elements associated with this competency include:</u>

- Establish and maintain effective relationships with the recipients of psychological services.
- Develop evidence-based intervention plans specific to the service delivery goals.
- Implement interventions informed by the current scientific literature, assessment findings, diversity characteristics, and contextual variables.
- Demonstrate the ability to apply the relevant research literature to clinical decision making.
- Modify and adapt evidence-based approaches effectively when a clear evidence-base is lacking.
- Evaluate intervention effectiveness and adapt intervention goals and methods consistent with ongoing evaluation.
- Demonstrate ability to conduct a multi-diagnostic differential assessment and apply specific evidence-based interventions (e.g., intergenerational trauma) for Substance Use/Co-occurring Disorders.

#### <u>MII. Profession-wide Competency</u>: **Supervision**

#### <u>Training elements associated with this competency include:</u>

 Apply supervision knowledge in direct or simulated practice with psychology trainees, or other health professionals. Examples of direct or simulated practice examples of supervision include, but are not limited to, role-played supervision with others, and peer supervision with other trainees.

- Apply the supervisory skills of observing, evaluating and giving guidance and feedback in direct or simulated practice.
- Demonstrate understanding of roles and responsibilities of the supervisor and supervisee in the supervision process.
  - o Collaborate with supervisor and provide feedback regarding supervisory process.
  - o Seek supervision to improve performance, presenting work for feedback, and integrating feedback into performance.
- Provide feedback to peers regarding peers' clinical work in context of group supervision or case conference.

# <u>Name of the Profession-wide Competency</u>: **Consultation and Interprofessional/Interdisciplinary**Skills

Training elements associated with this competency include:

- Demonstrate knowledge and respect for the roles and perspectives of other professions.
- Apply knowledge of consultation models and practices in direct or simulated consultation with individuals and their families, other health care professionals, interprofessional groups, or systems related to health and behavior.
- Direct or simulated practice examples of consultation and interprofessional/interdisciplinary skills include but are not limited to:
  - o Role-played consultation with others, peer consultation, provision of consultation to other trainees.
  - o Consultation within a direct care team or setting.

## **Supervision**

One licensed psychologist will serve as primary clinical supervisor for each intern. Interns receive a minimum of two (2) hours of individual supervision each week from a licensed psychologist. Supplemental weekly individual supervision may be provided by other appropriately credentialed professionals at the training site. When and if needed, individual supervision will/can be conducted via telesupervision for interns. One hour of weekly group supervision will be required and conducted with all interns across consortium sites. Group supervision may focus on legal/ethical issues and clinical topics. All interns will receive a total minimum of 4 hours per week of supervision.

### Stipend, Benefits, and Resources

The annual stipend across all sites, Providence Family Medicine Center (PFMC), Aleutian Pribilof Islands Association (APIA), and Alaska Psychiatric Institute (API) will be \$35,000.

All interns are required by the consortium to have current health insurance coverage. Access to health benefits will be provided to all interns but may vary across sites. Annual vacation, professional, and sick leave will be available to all interns. All interns are responsible for ensuring they secure medical coverage by the beginning of the internship year (note some insurance companies have more lengthy review and approval processes prior to approving coverage). All interns are required to submit proof of health insurance coverage at the beginning of internship and upon request.

With regard to Family and Medical Leave extensions during the internship year, agency parameters will dictate extended leave options. Interns are responsible for discussing leave requests with their supervisor and working in coordination with the HR department. Not all sites have the ability to provide extensions.

AK-PIC interns have access to numerous resources. Funding for travel within the state of Alaska is provided in order for interns to complete required training experiences. Assessment and other training materials are provided by each training site, and additional materials that may be needed can be purchased using consortium funding with Training Committee approval. Additionally, each intern has access to administrative and IT support through their primary training site.

## **Application Process and Selection Criteria**

The Consortium will offer full-time positions during the 2026-2027 internship year. Students interested in applying for the internship program should submit an online application through the APPIC website (www.appic.org). Applicants may apply to as many or as few training sites within AK-PIC as they choose. Applicants designate the training sites by selecting the appropriate Match Number when submitting the application. Only one complete application is required for consideration to any of the sites in the Consortium.

In addition, due to HRSA funding, AK-PIC is only granting interviews to applicants who are a US citizen, non-citizen national of the US, or a foreign national who possesses a visa permitting permanent residence in the US.

#### A complete application package consists of the following materials:

- 1. A completed On-line AAPI (APPIC's standard application)
- 2. Cover letter (part of on-line AAPI) stating your preferred training site(s) and why you are interested in those sites specifically
- 3. A current Curriculum Vitae (as part of the on-line AAPI)
- 4. Three letters of recommendation, two of which must be from people who have directly supervised your clinical work (as part of the on-line AAPI). *Please submit no more than three letters*
- 5. Official transcripts of **all** graduate coursework

For all deadlines, please see the table below. All application materials must be received by the deadline to be considered. If applicants are invited to an interview, they will be notified by email on or before the interview notification date. At that time, they will also be informed of the sites for which they have been selected to interview.

For those 2026-2027 applicants who are selected to interview with one or more of our sites, the interviews will be conducted through video-conferencing technology.

AK-PIC Important Dates for 2026-2027 Applicants		
<b>Application Deadline</b>	November 3, 2025	
Interview Notification	December 8, 2025	
Interview Dates	January 13, 14, 15, 2026	
	Alaska Psychiatric Institute – <b>2</b>	
Internship Slots Open Across Sites	Aleutian Pribilof Islands Association - 2	
for 2026-2027	Providence Family Medicine Center/Alaska	
	Family Medicine Residency – <b>2</b>	

AK-PIC will base its selection process on the entire application package noted above. Applicants must be currently enrolled and in good standing in an APA-accredited doctoral program. Strong preference is given to applicants who have also met the following qualifications prior to beginning internship:

- 1. A minimum of 500 intervention hours.
- 2. A minimum of 50 assessment hours.
- 3. A minimum of 5 integrated assessment reports.
- 4. Dissertation proposal defense scheduled for completion before internship begins.
- 5. Experience or special interest in working with diverse populations.

In addition to the preferences noted above, AK-PIC takes into consideration the potential commitment or interest of any prospective intern to remain in Alaska following an internship. Developing a strong behavioral health workforce is an important consideration for the state, and an interest in remaining in Alaska to join the workforce will be considered a benefit in a potential intern.

## **AK-PIC Training Sites**

The consortium includes the following sites: Alaska Psychiatric Institute, Aleutian Pribilof Islands Association, and Providence Family Medicine Center/Alaska Family Medicine Residency. Each site is described below.

## **Alaska Psychiatric Institute (API)**

#### **General Information**

Alaska Psychiatric Institute (API) is the only public psychiatric hospital in the State of Alaska. API provides acute, inpatient mental health services for anyone in Alaska requiring hospitalization for a psychiatric crisis. The vast majority of patients served at this hospital are experiencing severe and persistent mental illnesses. Most patients also have complex trauma histories in conjunction with substance use issues, requiring the treating professionals to maintain a high level of familiarity with evidence-based practices for multiple presenting problems. In addition, API serves as the safety net and crisis-stabilization facility for adults with developmental disabilities as well as seniors with dementia whose behavior and/or level of illness prevents them from remaining in their current placement. These patients often require intensive evaluation and innovative behavioral interventions to stabilize them and return them to a less restrictive environment in the community. The 80-bed state hospital is located in Anchorage and has two adult clinical units, one adult unit cohorting individuals with neurodevelopmental and neurocognitive disorders, one adolescent unit, and one adult forensic unit. API is a teaching hospital and is adjacent to the University of Alaska Anchorage. Graduate students in other professional medical programs also complete clinical rotations and practica at the hospital. Most individuals at API are admitted on a court order (for danger to self, danger to others, and/or grave disability) and must be assessed to determine if they continue to meet criteria for involuntary admission or the involuntary administration of medication. Legal hearings on these issues are held at the hospital several times per week.

Additionally, API is currently the only location in the state that provides competency restoration treatment for individuals who have been found by the Court to be Incompetent to Stand Trial.

Experience at API will provide interns ample opportunity to expand cultural competency as Anchorage has a culturally and linguistically diverse population (the local school district serves families from more than 90 distinct language groups). Persons served within the hospital in 2019 self-reported approximately 41% as Caucasian and 38% as Alaska Native, 8% as African American, 13% as 'other'. In 2019, API primarily treated adults ages 18 and older with 40% self-reporting as female, 60% as male. Only eight (8) adolescents ages 13-17 years were treated in 2019, prior to the treatment unit closing. As of Spring 2021, the adolescent unit reopened, and is currently at full capacity, with 10-adolescents admitted to the unit.

#### **The Internship Experience**

Interns work as full-time stipend employees at API and are expected to work Monday through Friday during regular business hours (with some flexibility). During their time at API, interns are active members of multidisciplinary treatment teams and develop skill in collaborating with professionals in psychiatry, medicine, social work, occupational therapy, recreational therapy, music therapy, and nursing. API is a diverse training site that allows for a number of learning opportunities for interns. Interns will work with their individual supervisors to discuss personal clinical areas of interest and training opportunities. Interns will facilitate therapeutic and psychoeducational groups on a variety of topics. Each intern is encouraged to develop one therapy group on a topic of special interest. Interns will also be given the opportunity to work across different units, and if the intern wants to provide a group on a specific civil or the forensic unit, this will be accommodated as available. Additionally, interns will be offered the opportunity to facilitate family therapy sessions, assist with the creation and implementation of behavior plans, and will work with patients in the milieu. Interns will also be asked to conduct psychological assessments and draft integrated reports. Tests regularly conducted at API include intelligence testing, neuropsychological screening, suicide risk assessment, violence risk assessment, malingering testing, personality assessment, and testing to assist with diagnostic clarification. Psychology interns may also serve as clinical supervisors to graduate-level practicum psychology students, to gain supervisory experience.

Additionally, depending on interest, there will be opportunities to work with forensic services at the hospital. API is in the process of starting both an outpatient and jail-based competency restoration program. Interns could have the opportunity to provide restoration in these programs, as well as on the inpatient unit. Furthermore, interns could be provided the opportunity to observe competency evaluations, interactions with other professionals involved in the legal process, competency hearings, and court testimony relating to competency evaluations and restoration. Depending on availability and interest, interns could also be provided the opportunity to complete a few competency evaluations independently under supervision.

**Supervision and Training**: Interns meet individually with their primary supervisors each week for supervision, which addresses all aspects of the intern's clinical work. Interns will also be able to meet with and consult with other members of psychology staff to discuss unit specific questions or cases. Additionally, group supervision for interns and psychology practicum students is held weekly. Interns will have the opportunity to share case conceptualizations, lead discussions regarding topics as they arise, trends in psychology, and cultural considerations for providing therapy to patients. Each intern is expected to develop one targeted staff training presentation over the year.

#### **Special Requirements of Applicants**

Prior to beginning internship, all API interns must pass a background check per Alaska Statute 47.05.300-47.05.390. This check is conducted by the Alaska Department of Health and Social Services Background Check Unit. The background check occurs after the Match outcome. The history of a felony or misdemeanor may result in a failure in this review process and prevent the intern from working at API. See State of Alaska Barrier Crime Matrix for a full listing of barrier

crimes: <a href="https://www.akcertification.org/wp-content/uploads/documents/Barrier-Crime-Matrix.pdf">https://www.akcertification.org/wp-content/uploads/documents/Barrier-Crime-Matrix.pdf</a>.

#### **Staff**

Dianna Mohrmann, Psy.D. Forensic Psychologist, AK-PIC Faculty, Primary Site Supervisor

Kristy Becker, Ph.D. Chief Clinical Officer, Secondary Site Supervisor

Christine Collins, Psy.D. Forensic Psychologist, Secondary Site Supervisor

#### **API Contact Information**

Dianna Mohrmann, Psy.D.

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Alaska Psychiatric Institute

3700 Piper Street

Anchorage, Alaska 99508-4677

# <u>Providence Family Medicine Center (PFMC)/Alaska Family Medicine Residency (AKFMR)</u>

#### **General Information**

Providence Family Medicine Center (PFMC) is a primary care clinic dedicated to providing a full spectrum of family medicine services, accessible to every member of our community.

#### Our services include:

- Preventive care
- Treatment for acute and chronic diseases
- Same-day urgent appointments
- Procedures and minor surgeries
- Behavioral health and social services
- Prenatal, pediatric, and geriatric care
- Medical intensive case management

As a fully integrated primary care clinic, PFMC employs a robust team-based care model. Our interdisciplinary team includes professionals specializing in Behavioral Health, Social Work, Nurse Case Management, Patient Navigation, Home Visits, and Pharmacy Services. This collaborative approach enables us to work closely with a patient's primary care physician, increasing access to care, reducing unnecessary hospitalizations, and ultimately improving patient outcomes.

PFMC serves as a critical "safety net" clinic for underserved and under-resourced populations in Anchorage, Alaska, primarily focusing on Medicare, Medicaid, and uninsured individuals. Among our patients, approximately 58% identify as Caucasian, while 42% belong to diverse ethnic groups. As of the last count, there are 92 languages spoken at PFMC. We work with individuals of all ages, from newborns to seniors, and our patient demographic is comprised of 65% females, 28% males, and 7% non-binary individuals.

In addition to our patient care services, PFMC serves as the continuity care clinic for the Alaska Family Medicine Residency (AKFMR), the only family medicine residency in Alaska. AKFMR partners with the University of Washington and the WWAMI (Washington, Wyoming, Alaska, Montana, and Idaho) Family Medicine Residency Network, aiming to provide comprehensive education for its residents. Our mission is to develop competent family medicine physicians who deliver high-quality care to diverse populations, particularly those in rural, culturally diverse, and underserved communities throughout Alaska. We believe that graduates from our residency program are equipped to excel in diverse settings, including rural outpatient practices, urban underserved environments, and international medical contexts.

#### **Internship Experience**

We are dedicated to enhancing primary care through our comprehensive Primary Care Behavioral Health (PCBH) doctoral intern training program. Our interns receive extensive education and practical experience within the PCBH model, which emphasizes collaboration among behaviorally trained primary care providers (Doctoral Interns,

Postdoctoral Fellows, and Faculty Psychologists), medically trained primary care providers (Resident and Faculty Physicians), and other healthcare providers (Nurses, Social Workers, and Pharmacists). This interdisciplinary teamwork fosters a collaborative environment that not only enriches the interns' learning experience but also significantly improves patient care. By integrating behavioral and medical health approaches, we promote a holistic model of care that addresses the diverse needs of our patients.

The intern experience begins with an immersive PCBH "bootcamp," designed to provide a solid foundation in the PCBH model practiced at our clinic. This comprehensive onboarding experience includes interdisciplinary training alongside resident physicians and other members of the PFMC care team, offering interns valuable opportunities for relationship building and collaboration. In addition to team-focused training, interns receive initial instruction in focused acceptance and commitment therapy (FACT) and "one-at-a-time" interventions. This foundational knowledge is progressively developed throughout the training year, as interns encounter increasingly challenging training opportunities and are given greater expectations for autonomy. This structured approach ensures that interns are well-equipped to grow professionally, enhancing their skills and confidence in delivering integrated healthcare.

Interns provide care to patients during both medical appointments and scheduled follow-up visits. Their treatment often concentrates on managing chronic diseases and psychological disorders, including depression, anxiety, post-traumatic stress disorder, and substance use disorders. Each intern is required to gain experience in specialty clinics that focus on areas such as refugee mental health, maternal mental health, addiction medicine, geriatrics, and/or chronic pain management.

Interns are full-time employees of PFMC and are expected to work 40 hours per week, Monday through Friday, from 8:00 a.m. to 5:00 p.m. During the year, interns will be expected to maintain weekly behavioral health consultation clinics, follow-up clinics, provide consultation to the interdisciplinary team, and conduct behavioral health assessments.

#### **Special Requirements of Applicants**

Providence Hospital is a drug-free workplace. Interns who match with this site will be required to present for drug screening and an employee health appointment before being employed within the Providence Health System. All interns are required to pass the Providence drug screen.

Before beginning the internship, all AKFMR interns are required to pass a background check, as mandated by Alaska Statute 47.05.300-47.05.390. This check is conducted by the Alaska Department of Health and Social Services Background Check Unit. The history of a felony or misdemeanor may result in a fail in this review process and prevent the intern from working at AKFMR. See State of Alaska Barrier Crime Matrix for a complete listing of barrier crimes: <a href="https://www.akcertification.org/wp-content/uploads/documents/Barrier-Crime-Matrix.pdf">https://www.akcertification.org/wp-content/uploads/documents/Barrier-Crime-Matrix.pdf</a>. The background check occurs after the Match outcome.

#### Staff

-Rebecca Robinson, Ph.D., Licensed Psychologist, Director of Behavioral Health Integration, AK-PIC Training Director, Primary Site Supervisor

-Virginia Parret, Ph.D., Licensed Psychologist, Behavioral Health Faculty, AK-PIC Associate Training Director, Primary Site Supervisor

#### **PFMC/AKFMR Contact Information**

Rebecca Volino Robinson. -- Rebecca.Robinson2@providence.org

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Mailing address:

Providence Family Medicine Center/Alaska Family Medicine Residency

1201 E. 36th Avenue Anchorage, AK 99508

## **Aleutian Pribilof Islands Association (APIA)**

#### **General Information**

The Aleutian Pribilof Islands Association, Inc. (APIA), provides Health Services (Primary Care, Behavioral Health, Community Wellness and Prevention) in four communities across the Aleutian and Pribilof Islands. The four communities include Atka, Nikolski, St. George, and Unalaska. In addition, APIA serves the Anchorage community for those Medicaid eligible. Behavioral Health services are also provided in the Anchorage office, which will be the principal location of the AK-PIC training site. The mission of APIA Behavioral Health Services is to increase the quality of health in the service area by providing effective, continuous, and empathic treatment. Services include prevention, intervention, treatment, and continuing care. APIA provides individualized, culturally congruent treatment, utilizing a recovery model as a basis for treatment.

APIA's treatment philosophy is one of assisting individuals to develop an awareness of their strengths and using their identified strengths to succeed with the treatment plan. Interventions are not only diagnosis specific, but they are also specific to the phase of recovery and stage of change. All services are provided in an outpatient setting, both in-person and via telemedicine.

Behavioral health services include individual, couple, family, and group psychotherapy to address mental health concerns, substance abuse difficulties, and co-occurring disorders. The most common occurring mental health issues include depression and anxiety related mood disorders; however, APIA does address the full range of diagnosis from adjustment to schizophrenia. Substance abuse treatment services include alcohol and drug information school (ADIS), evaluation and risk measurement/prevention, and individual and group therapies. Psychological testing is provided to geriatric, adult, children, and adolescent clients dealing with a broad range of issues from mental competency, learning disabilities, personality, emotional, and behavioral diagnostic issues. Psychiatric services involving medication assessment and evaluation are also provided through contractual partners, in addition to providing outpatient behavioral health services. While not directly part of the internship experience, behavioral health staff work with Primary Care staff to provide holistic, integrated care in four APIA service communities. Behavioral health staff members also assist with community outreach and education events.

#### **The Internship Experience**

Interns will be exposed to a variety of treatment modalities (i.e., individual and group), across different media (i.e., in-person and telemedicine). Furthermore, interns will become familiar with administering a variety of psychological assessments in a culturally-sensitive manner dealing with diverse referral issues. Another distinctive component of APIA's training site is that all interns will be exposed to regional-based travel and work with community-based treatment providers, in the context of remote Native communities. This will ultimately prepare them for working in the mental health and substance abuse field in rural and remote Alaska. Interns will be full-time employees of the APIA, and expected to work Monday through Friday during business hours with rare opportunities for weekend travel. Interns will be based in Anchorage and will travel to one of APIA's regional service communities on a quarterly basis, at a minimum, for approximately one-week in duration per trip. These trips are for immersion in life in rural settings, exposure to culture in the region, and not specifically clinical in nature. Travel expenses for these trips are covered by APIA.

#### **Special Requirements of Applicants**

Prior to beginning internship, all APIA interns must pass a background check per Alaska Statute 47.05.300-47.05.390. This check is conducted by the Alaska Department of Health and Social Services Background Check Unit. The background check occurs after the Match outcome. History of a felony or misdemeanor may result in failing in the review process and prevent the intern from working at APIA. See State of Alaska Barrier Crime Matrix for a full listing of barrier crimes:

https://www.akcertification.org/wp-content/uploads/documents/Barrier-Crime-Matrix.pdf.

#### **Staff**

Seth Green, Ph.D., ABPP Licensed Psychologist, AK-PIC Faculty, Primary Site Supervisor

Keri Boyd, Ph.D. Licensed Psychologist, AK-PIC Faculty, Primary Site Supervisor

#### **APIA Contact Information**

Seth Green, Ph.D., ABPP Email: <a href="mailto:sethq@apiai.org">sethq@apiai.org</a>

Website: <a href="http://www.apiai.org/">http://www.apiai.org/</a>

Mailing Address:

Aleutian Pribilof Islands Association 1131 E. International Airport Rd Anchorage, AK 99518-1408

#### **Appendix**

# Internship Admissions, Support, & Initial Placement Data

## INTERNSHIP PROGRAM TABLES

#### Date Program Tables are updated: 9/30/2025

#### **Program Disclosures**

As articulated in Standard I.B.2, programs may have "admission and employment policies that directly relate to affiliation or purpose" that may be faith-based or secular in nature. However, such policies and practices must be disclosed to the public. Therefore, programs are asked to respond to the following question.

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies and/or requirements for completion that express mission and values.

\_x\_Yes

No

If yes, provide website link (or content from brochure) where this specific information is presented:

**API:** Mission - https://dfcs.alaska.gov/API/Pages/default.aspx

APIA: Mission - <a href="https://www.apiai.org/about/">https://www.apiai.org/about/</a>

**PFMC/AKFMR:** Mission - <a href="https://www.providence.org/about/our-mission">https://www.providence.org/about/our-mission</a>

#### **Internship Program Admissions**

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

#### **AK-PIC Training Sites**

The consortium includes three sites: Alaska Psychiatric Institute, Aleutian Pribilof Islands Association, and Providence Family Medicine Center/Alaska Family Medicine Residency. Details on each site's financial support are provided below.

The consortium offers one-year, full-time internships starting and ending in early July. The consortium is comprised of organizations in Alaska and provides varied clinical and didactic experiences essential for professional practice in Alaska's diverse communities. Interns will have a primary placement at one site while engaging in weekly cross-site training and experiential activities. By the end of the internship, interns will complete a minimum of 500 hours of face-to-face direct service.

# Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours: **No**Total Direct Contact Assessment Hours: **No** 

#### Describe any other required minimum criteria used to screen applicants:

Applicants must be currently enrolled and in good standing in an APA-accredited doctoral program. Strong preference will be given to those who have:

- 1. At least 500 intervention hours.
- 2. A minimum of 50 assessment hours.
- 3. Completed at least 5 integrated assessment reports.
- 4. Defended their dissertation proposal before the internship begins.
- 5. Relevant experience or a special interest in working with diverse populations.

## **Alaska Psychiatric Institute**

## Financial and Other Benefit Support for Upcoming Training Year\*

Annual Stipend/Salary for Full-time Interns		\$40,000	
Annual Stipend/Salary for Half-time Interns		N/A	
Program provides access to medical insurance for intern?		No	
If access to medical insurance is provided:			
o Trainee contribution to cost required?	Yes	<u>No</u>	
o Coverage of family member(s) available?	<u>Yes</u>	No	
o Coverage of legally married partner available?	Yes	No	
o Coverage of domestic partner available?	<u>Yes</u>	No	
Hours of Annual Paid Personal Time Off (PTO is Vacation & Sick Time)		20	
Hours of Annual Paid Sick Leave		/A	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?		<u>No</u>	
Other Benefits (please describe)		/A	

<sup>\*</sup>Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table.

## **Aleutian Pribilof Islands Association**

## Financial and Other Benefit Support for Upcoming Training Year\*

Annual Stipend/Salary for Full-time Interns		\$35,000	
Annual Stipend/Salary for Half-time Interns		N/A	
Program provides access to medical insurance for intern?		No	
If access to medical insurance is provided			
o Trainee contribution to cost required?	<u>Yes</u>	No	
o Coverage of family member(s) available?	<u>Yes</u>	No	
o Coverage of legally married partner available?	<u>Yes</u>	No	
o Coverage of domestic partner available?	Yes	<u>No</u>	
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)		0	
Hours of Annual Paid Sick Leave		0	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?		No	
Other Benefits (please describe)		/A	

\*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table.

## Providence Family Medicine Center/Alaska Family Medicine Residency

## Financial and Other Benefit Support for Upcoming Training Year\*

Annual Stipend/Salary for Full-time Interns		\$35,000	
Annual Stipend/Salary for Half-time Interns		NA	
Program provides access to medical insurance for intern?		No	
If access to medical insurance is provided			
o Trainee contribution to cost required?	<u>Yes</u>	No	
o Coverage of family member(s) available?	<u>Yes</u>	No	
o Coverage of legally married partner available?	<u>Yes</u>	No	
o Coverage of domestic partner available?	<u>Yes</u>	No	
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)		0	
Hours of Annual Paid Sick Leave		0	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?		No	
Other Benefits (please describe)		Ά	

<sup>\*</sup>Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

## Initial Post-Internship Positions

## (Aggregated Tally for the Preceding 3 Cohorts)

Initial Post-Internship Positions	(2021/22) to (2023/24)	
Total # of interns who were in the 3 cohorts		27
Total # of interns who did not seek employment		2
because they returned to their doctoral program / are		
completing doctoral degree		
	PD	EP
Academic teaching	0	0
Community mental health center	3	1
Consortium	0	0
University Counseling Center	1	0
Hospital/Medical Center	8	1
Veterans Affairs Health Care System	1	0
Psychiatric facility	1	0
Correctional facility	0	0
Health maintenance organization	0	0
School district/system	0	0
Independent practice setting	5	0
Other	2	0

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.

#### **Consortium Contact Information**

For more information about AK-PIC, feel free to contact:

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Or go to www.ak-pic.org

Support for the Alaska Psychology Internship Consortium (AK-PIC) is a collaborative effort between the internship hosting organizations, the Alaska Mental Health Trust Authority, the state of Alaska Department of Health and Social Services, and the Western Interstate Commission for Higher Education (WICHE) Mental Health Program. WICHE has an extensive history of expertise working with systems to address behavioral health workforce planning and development, and has contracted to provide ongoing consultation and technical assistance to the internship program.



