



AK-PIC SUMMARY OF COVID-19 PRECAUTIONS

AK-PIC (Alaska Psychology Internship Consortium) faculty are aware of the impact that the COVID-19 pandemic and related necessary precautions are having on our current interns, as well as on the internship application and interview process. It is important to note that intern training experiences may be modified to prioritize the health and safety of interns, faculty, and community members. All adjustments to planned internship responsibilities and training experiences will be communicated to interns as soon as possible. These adjustments are fluid and change according to site-required and community-mandated COVID-19 precautions across Alaska. Below we have listed current precautions for applicant and intern review. Any of this information may change depending on the status of the pandemic.

- **APPLICATION & INTERVIEW PROCEDURES FOR THE 2021-2022 COHORT:** AK-PIC has traditionally offered in-person only interviews and site tours. Consistent with APPIC recommendations, this year we will hold all interviews remotely/virtually. In-person interviews will not be offered, even for local applicants. We will also provide applicants access to virtual site tours.
- **INTERNSHIP HOURS:** Consistent with APPIC requirements, AK-PIC is maintaining the requirement that 25% of interns' hours are direct client contact. This equates to 500 hours across the internship year.
- **AK-PIC SITE-SPECIFIC SERVICE DELIVERY:** Across sites, AK-PIC intern responsibilities may include working remotely and delivering clinical services through telebehavioral health technology. The current status of each site is outlined below:
 - **Aleutian Pribilof Islands Association (APIA):** Currently, all direct clinical services are occurring via telebehavioral health from home. Depending on COVID-19 prevalence in the community, transition from virtual work to in-person clinic work may be approved.
 - **Norton Sound Health Corporation (NSHC):** Interns at NSHC provide in-person direct clinical services at the behavioral health clinic and telebehavioral health visits for the hospital. NSHC follows the CDC guidelines, including, but not limited to, wearing face masks, completing daily temperature checks, and COVID-19 screening questionnaires. NSHC requires and provides biweekly testing and (along with testing before any Alaskan village trip) for all interns at no cost. Depending on COVID-19 prevalence in the community, transition to virtual work may be required.
 - **Providence Family Medicine Center/Alaska Family Medicine Residency (PFMC):** Interns at PFMC provide a combination of in-person direct clinical services and telebehavioral health visits from home. PFMC follows the CDC guidelines, including, but not limited to, wearing face masks and shields and completing daily attestations.
 - **Alaska Psychiatric Institute (API):** This site is currently inactive.
- **AK-PIC TRAINING AND SUPERVISION FORMATS:**
 - **Individual and Group Supervision:** Across sites, most individual supervision is conducted via telebehavioral health technology. Some clinical supervision is occurring in-person with all safety precautions being implemented. As a consortium site, AK-PIC has always held and will continue to hold weekly group supervision and didactic seminars via telebehavioral health technology.
 - **Alaska-specific Experiential Activities (AK-SEAs):** During this time period, AK-SEAs will be held virtually and every effort will be made to adapt and tailor the AK-SEAs to the needs of the intern cohort and to assure high quality training. All adjustments to planned AK-SEAs will be communicated with interns as soon as possible.
 - **Group Trainings, and Other Meetings:** Currently, most meetings across sites are only taking place virtually. This may include staff meetings, clinical team meetings, and interdisciplinary case discussions.